



Donate Now
To
Red Cross

The Wainwright Star

FOR THE ADVANCEMENT AND WELL-BEING OF THE WHOLE COMMUNITY

Donate Now
To The
Red Cross Drive

VOL. XXXVII No. 19

WAINWRIGHT, ALBERTA, WEDNESDAY, MARCH 8th, 1944

Price \$2.00 Per Year In Advance

School Division Planning New Building at Edgerton

Minutes of the meeting of the Wainwright School Division No. 32 held on February 25th.

Moved by Mr. Nicholson that the minutes of the last meeting be adopted. Cd.

Moved by Mr. Dixon that Mr. Spencer and Mr. Nicholson act as a committee to interview Mr. C. Fisher of Edgerton, and make him an offer of \$400.00 to move the Arm Lake School. Cd.

Mr. R. C. Sheldon of the Sheldon Coal Company interviewed the Board and gave a concise report on the coal situation. From Mr. Sheldon's suggestions it was decided to table coal orders until next meeting, late in March.

Moved by Mr. Spencer that we offer to sell the six desks now being used by the Chauvin School District to the Board at \$5.00 per desk. Cd. Secretary to write the Chauvin School Board re same.

A Delegation from Edgerton representing, The Board of Trade, The School Board and the Town Council met with the Divisional Board at 2:00 p.m. Plans, and the advisability of building a new school at Edgerton were discussed at length.

Moved by Mr. Dixon that Mr. Sanders act as Divisional Board representative to go with Mr. McKay to Regina, to interview the Waterman-Waterbury Co. re new school building at Edgerton. Cd.

Moved by Mr. Spencer that if upon further investigation by Mr. Sanders and Mr. McKay to their entire satisfaction that a building fully equipped with Heating and Sanitary equipment etc. can be erected for the sum of \$9,300.00, that the Board give further consideration to the building of a High School at Edgerton. Cd.

Moved by Mr. Dixon that the matter of water supply for the Sunny Brae school be left in the hands of Mr. Sanders. Cd.

Moved by Mr. Spencer that we accept Mr. Coutts' recommendation re the LaPearl school. Cd.

Moved by Mr. Spencer that the Secretary write to Mr. Allwood of R. 2, Edgerton and accept his offer to supply the Browning school with water for the school term ending July, 15th. Cd.

Moved by Mr. Spencer that the Superintendent's report be adopted. Cd.

Moved by Mr. Sanders that tuition fees for the children of Mr. E. Fenton and Mr. J. Jackson both of Irma, be paid. Cd.

Moved by Mr. Spencer that accounts be paid in the amount of \$7,477.94, and same to be incorporated in the minutes. Cd.

Moved by Mr. Sanders that the secretary's basic salary be raised by \$150.00. Cd.

Moved by Mr. Dixon that we adjourn. Next meeting to be held on March, 24th. Cd.

N.B.—To clarify the motion number 3, of the December minutes re Trust Accounts, these accounts are spent only at the wish of the Local Board concerned, and then in accordance with the School Act, Section 271a.

White Rose "Say-It" Service Show & Dance

At the invitation of the local agent of White Rose Oil Co., Mr. A. Rust and, some 250 were present at the Masonic hall on Thursday evening last, to enjoy the "Say-It" show being featured by that company.

During the evening several reels of film were displayed, including a travelogue entitled "Across Canada with Industry," and comedy cartoons.

A short talk on the history of the company was given by Mr. Ristow, supt. of sales, from the Calgary office, and was listened to with interest. A colored film of the refineries in action proved entertaining.

Mr. G. R. Archibald, district manager for Northern Alberta, introduced local dealers in the persons of Messrs A. Rustand, G. Ostad, C. M. Steele, H. Nichol and H. Atkinson, and proved an engaging lecturer of the affair.

A special farm machinery film was shown at the close.

A number of prizes were distributed to lucky ticket holders among these being: Dr. Middlemas, L. Caron, C. Greer, H. Coutts, G. Pollard, R. Leggett, W. Kuvica and W. Moskuwicz.

Following the prize giving, a happy time was spent in dancing till a very late hour.

Processed Hogs To Be

Shown At Wainwright

Arrangements have been made with the Department of Extension to have hogs shipped from Wainwright and surrounding districts shown in processed form at Wainwright on Tuesday, March 14th in the Elite Theatre, Wainwright.

A grader will be on hand to explain the grading of bacon as it is done today, and also a speaker will have information on care and feeding and common diseases of pigs. This should prove educational and instructive to all producers who have made such a wonderful effort to supply the required food for the nation.

This bacon show is sponsored by the Department of Agriculture and the Co-operative Shipping Association.

Allowance Paid

For Pre-Recruits

A pre-enlistment allowance of \$1.30 and \$1.05 respectively per diem is being allowed men and women voluntarily enlisting in the Canadian Active Army while at an attestation centre waiting attestation. The allowance will be paid whether or not the applicant is accepted by the Army or rejected for service reasons. In addition, transportation charges from the applicant's home to the enlistment centre, with meals, will be provided.

LONDON - Britain's Medical Council is drying human blood for transfusion at the rate of 3,500 bottles a week. The Council co-operates with the Ministry of Health's Regional Transfusion Service and the Army Blood Transfusion Service. All blood in 1939; by 1942, 26,000 bottles were ready. The Germans were relying on "whole blood" until the beginning of the Libyan campaign.

Meat Rationing Suspended Temporarily

Will Be Resumed When

Supplies Can Be Moved

OTTAWA, March 1—Canadians to day can buy all the meat they want, following temporary suspension of the ration of about two pounds a person a week in effect since last May. Meatless Tuesdays also are dropped for the time being.

Effective from last Wednesday no ration coupons are needed for meat purchases. Canned salmon also has been removed from the ration list, but it is not as abundant as meat.

The announcement was made in the House of Commons by Douglas Abbott, parliamentary assistant to Finance Minister Halsey.

"Rationing was introduced as a means of building up surpluses of meat for export to Britain, and the present surplus position in Canada is due to a bottleneck in transportation and shipping," said the prices board in a simultaneous statement.

"As soon as these conditions are eased and meat supplies can move more freely into export channels, it will be necessary to use rationing again to ensure an equal supply of the reduced domestic allowance for consumers."

All machinery for meat rationing will be maintained. Ration book holders are instructed to keep meat coupons that have not expired and the meat trade asked to retain coupon-value charts and other meat-rationing documents.

YORK, ENGLAND - The first woman Medical Referee for Workmen's Compensation is Mrs. Doris Fletcher, M.D., who has been appointed to the Yorkshire districts of Barnsley, Gilesgate, Pontefract, Rotherham and Sheffield, an important wool and steel industry area.

LAGOS - Africans in Nigeria and other West African Colonies are to see just how the ground nuts they grow give Britain her margarine ration and help the Allied war effort in other ways. A Colonial Film Unit feature now being made to stimulate groundnut production and which shows the processes of manufacture from the fields to the factories, will be widely shown in the territories concerned. African audiences are extremely responsive to film shows and the Unit's films have played an important part in the production of many of Africa's raw materials.

Mothers Receive Larger Allowances

A review of the files on Mothers' Allowance cases indicates that the average assistance granted at present is more generous than at any earlier period, in spite of the fact that at no time has there been as much other assistance going into widows' homes as at present, according to a return tabled in the Legislature this week by Hon. Solon E. Low, provincial treasurer. The return was ordered on the request of E. E. Roper, (C.C.F., Edmonton).

Figures requested in the return show: (average amounts) that widows living in cities, with one child, received an allowance of \$23.85; outside cities, \$19.82. Widows with two children, in cities, \$34.23; outside cities, \$28.44. With three children, \$42.96 in cities, and \$34.20 outside; with four children, \$53.96 in cities, and \$38.61 outside; with five children, \$56.45 in cities, and \$45.64 outside.

Cases in which the allowances have been increased since Jan. 1, 1943, up to Jan. 31, 1944, have numbered 318, and the average amount of such increases has been \$7.14.

Special Farmers' Bank Considered

OTTAWA.—The government is giving consideration to the establishment of a special farmers' bank, similar to the proposed industrial development bank, it was indicated in the House of Commons yesterday by Douglas Abbott, parliamentary assistant to Finance Minister J.L. Halsey.

After Abbot had succeeded in piloting the bill to incorporate the new industrial development bank through first reading stage, opposition house leader Gordon Graydon asked him if the proposed bank would apply also to farmers and agriculture.

"No," replied the parliamentary assistant, "only to industry, but the government is giving consideration to the other matters."

The new industrial development bank will be a subsidiary of the Bank of Canada. It will be designed to cover an era in the post-war period of credit which the chartered banks do not serve at the present time.

Men who fall at something worth while are still far ahead of those who succeed at doing nothing.

A Few Reasons For Support of Red Cross

Somewhere in England: In more ways than one, it's quite a problem in a war torn country to get little special additions to diet, like fruit juices, tinned fruit, tomato juices and jam. Men in hospital would have to forego these encouraging "appetite whetters" were it not for the Canadian Red Cross — quick to supply the demand.

A well organized network of hospital visitors, with a filing system on all Canadian patients in military hospitals, keeps a constant check on the needs of service men Overseas who are temporarily out of the fight.

No man goes unvisited. If he wants a little shopping done in the nearest village, or a letter written to his wife, or a packet of cigarettes, or something to read, he doesn't even have to wonder where it's all coming from. The Canadian Red Cross hospital visitors make their rounds regularly, and do a great deal to vary the monotony of hospitalization.

Nursing sisters and Canadian Red Cross workers are always up to their ears in rehabilitation work in the Physio-Therapy ward. One of the girls, Mary Miller of Burford, Ontario in a big General Hospital, said recently:

"This is an exciting place to be. The men come in that door in wheel chairs and on crutches, and when we've finished with them, they're playing ping-pong and riding bicycles."

Part of the rehabilitation work of this one particular ward is giving the men jobs for their hands while their bodies heal. You might see a Red Cross worker like Mrs. Dorothy Simpson of Orillia, Ontario, helping Corporal George Ingleton of Toronto make a toy horse — for his nephew.

In one hospital, while Corporal F. Priest, of Calgary, returned from a broken leg he made hook rugs for his wife and mother and then set to work on a toy elephant for his small daughter.

Any man back from the front line, hospitalized in Britain, finds Canadian Red Cross waiting to help him out. The present National Campaign for \$10,000,000 is important. Keep Red Cross on the march! Give generously!

Folks who get temperamental should remember that it is usually more temper than mental.

To fight for the security of any man or nation, fight for the integrity of men and nations.

New Health Plan Costs \$1,800,000

The new Dominion government health insurance plan as outlined this week, will mean an additional cost to Alberta if it is adopted of \$1,800,000, it was estimated Friday by Hon. Dr. W.W. Cross, minister of health.

Dr. Cross said that the new plan being under discussion in the Dominion capital will not have any bearing on Alberta's decision to bring into effect on April 1 of the planned free maternity hospitalization service. (Legislation authorizing this plan is now before the Alberta House. It was brought in last week.)

Alberta's free maternity plan will be of help in fitting into the Dominion plan, Dr. Cross said, and he gave as his opinion that Alberta would be prepared to join into the Dominion government health plan, provided the senior government assumed a fair share of the cost.



The Campaign is in full swing. If no canvasser has yet called on you they will in the near future. The following is a list of the canvassers for the country districts:

For Sew and So Club, Fabyan-Mrs. J. Ballentine, Mrs. H. A. Lewis, Mrs. J. Barrett.

For Fabyan and South—Mr. Kleinmeyer.

For Auburndale—Mrs. Alex Arthur.

For Battlevue—Mrs. J. Stranahan.

For Battlevue and District—Mrs. H. Symes.

For Gerald—Mr. David Rattray.

For Battlevue, Plaxtonville and part of Mascot—Mrs. Joe McClennan.

Mrs. B. Kitchen, Miss Norris and Miss K. Monahan.

For Hope Valley, part of Mascot and part of Silgo—Mrs. Legerquist.

Miss E. Horn and Miss E. Ford.

For part of Silgo and District—Mr. T. Lumby.

For Heath and District—Mr. J. Ford.

For Greenshields and District—Mr. Wm. White.

For Cattalo Farm and Park Farm—Mr. A. S. McLellan.

Sydenham—Mrs. J. Veitch.

Trafalgar—Miss A. Zehender.

For Whitecloud—Mrs. E. Knott.

For Military Camp—Sgt. Stewart and Cpl. Reed.

For Bennett and White—Mr. J. Lundberg.

We would ask our country supporters not to wait for the canvasser to call if you happen to have a chance to contact any of them, and give them your donation, without them making a special trip to see you. They have long distances to cover, and any assistance in making their work lighter will be greatly appreciated.

The Heath Community Club are giving another of their enjoyable Play and Dance events, for the Red Cross on the evening of March 17th, in the Heath School.

To date Wainwright donations amount to \$715.00 of which the following amounts are acknowledged from organizations:

Wainwright Legion	\$25.00
Masonic Lodge	10.00
L.O.B.A.	7.50
Presbyterian Ladies'	
Guild	10.00
Eastern Star	10.00
Patriotic Service Club	5.00
St. Thomas W.A.	10.00

LONDON - Britain's Ministry of Food is erecting fifteen grain-drying silos, each with a storage capacity of an intake from road or rail of forty tons an hour. Each will have city, to allow at least one bin to be twelve storage bins of 200 tons capacity turned within 24 hours. Railway facilities will provide for a 20-truck loading capacity.

NEW DELHI - The Indian Army has been increased 12 times, the Royal Indian Navy 13 times, and the Indian Air Force 10 times the pre-war strength.

SYDENHAM

The Sydenham Victory Club met at the home of the Pres. Mrs. La Blanc, on February 10th with eight members present. Red Cross work, sewing and knitting was returned, that had been taken out at our previous meeting.

Letters of thanks read from soldiers of Sydenham serving in Italy and England who had received their Xmas parcels from this Club. Letters of thanks also read from soldiers serving in Canada who had received Xmas parcels. Contest won by Mrs. A. Souter and donated by Mrs. F. Church. Mrs. E. A. Arthur and Mrs. F.W. Church served a delicious lunch. Mrs. F.W. Waite, Sec. Treas.

SYDENHAM VICTORY CLUB

This Club was Organized Aug. 12 1943

Report Aug. 12 to Dec. 31 1943

RECEIPTS	
Home cooking sale	\$ 26.36
Serving lunches at auction sales	157.95
Quilt raffle	62.25
Dues Aug. 12 to Dec. 31	2.50
Collections at meetings	11.37
Donations	2.73

Total Receipts \$276.16

EXPENDITURES	
Expenses at auction sales	\$ 54.50
Expenses on quilt	3.55
12 Overseas soldiers parcels and cigarettes for prisoners of war in Germany	45.02
Donation to Red Cross	17.50
Donation to Navy League	10.00
Donation to Hostess House	10.00
Donation to Salvation Army Overseas Canteen Fund	10.00
Donation to Ditty Bags	10.00
Xmas treats for Sydenham school children	3.00
Xmas treats for soldiers in Wainwright hospital	1.30
Donation T.B. seals	1.00
Postage on 15 parcels for soldiers in Canada and hospital patients	2.92
20 cups @ 15 cts each	3.00
Stamps and stationery	.60

Total Expenditures \$172.59

Cash on hand 103.77

Total \$276.16

Books audited by Mary Veitch and found correct. The members of Sydenham Club wish to thank all who bought tickets on quilt raffle, and to the people of the district who so kindly helped with home cooking sales, and other ways and means of raising money.

Laura B. Watts
Sec. Treas.

Chief Engineer



L. J. Marshall, chief engineer at Station CBK, Wainwright, (540 k.c.) looks over some of the materials in CBK's storehouse of spare parts. The CBK's prairie regional transmitter, broadcasting on a clear channel with 50,000 watts, is western Canada's most powerful station.

BUY WAR BONDS & STAMPS

ANNOUNCEMENT

Mrs. I. E. Bengtson of Ribstone, Alberta announces the engagement of her only daughter, Anna Marie, to Sign. Charlie E., third son of Mr. and Mrs. A.J. Lilly of Wainwright, Alberta. The wedding will take place in Edmonton in the near future.

How To Order Your Maple Syrup

Westerners who like to order maple syrup direct from producers back east, have been inquiring about ration regulations, now that syrup comes by coupon.

Ration officials here state that it is illegal to send loose coupons through the mail, but the ration administration, on Wartime Prices and Trade Board has arranged that D coupons for maple syrup can be exchanged for a special purchase voucher at any Local Ration Board. These purchase vouchers may pass through the mails.

Each D coupon is worth 40 fluid ounces (1 quart) of maple syrup. It will require four D coupons to exchange for one voucher to buy a gallon of syrup.

The producer in the East returns the voucher to the ration administration.

COUPON CALENDAR

N.B. - Changes in valid dates of butter coupons.

MARCH 2: Valid

Sugar _____ Coupons 27 and 28

Butter _____ Coupons 52 and 53

Meat _____ Coupons 41

Preserves _____ Coupons D14, D15, D16

(Note: D16 has been advanced from March 30)

MARCH 9:

Tea or Coffee _____ Coupons E3 and E4

Meat _____ Coupons 42

MARCH 16:

Meat _____ Coupons 43

MARCH 23:

Meat _____ Coupons 44

Butter _____ Coupon 54

MARCH 30:

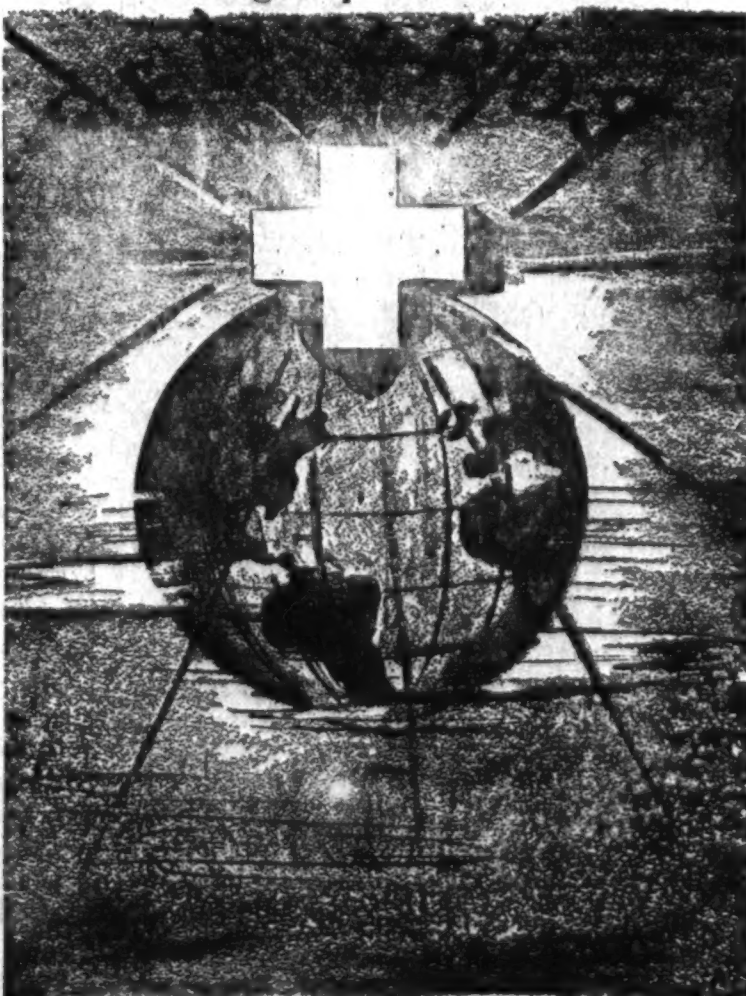
Sugar _____ Coupon 29

Tea or Coffee _____ Coupons E5 and E6

Butter _____ Coupon 55

Meat _____ Coupons 45

One Bright Spot in the World



The Wainwright Star

J. HUNTINGFORD
 Editor and Publisher
 This Newspaper is a Member of Weekly Newspaper Advertising Bureau.
 Member Canadian Weekly Newspaper Assoc. and Alberta Press Assoc.
 Member of The Empire Press Union

PUBLISHED EVERY WEDNESDAY MORNING
 at the Star Building, Main Street, Wainwright, Alberta.

Subscriptions
 To subscribers in the 40-mile radius
 \$3.00 per year; other post office
 points, Canada \$3.50 per year; United
 States, England and Foreign Coun-
 tries \$3.00 per year. All strictly in
 advance.

Advertising Rates

Contract rate supplied on applica-
 tion.
 Classified, strayed, etc., not enclosed.
 35 words, 50c for first insertion;
 subsequent insertions for \$1.00; strictly
 payable in advance.

Legal and Municipal Advertising
 15c per line for first insertion and 10c
 per line for each subsequent insertion.

**Transient advertising—Cash with
 order.**

All changes in contract advertising
 will be inserted till for and charged
 accordingly.

Accounts rendered monthly.

WAINWRIGHT, WEDNESDAY, MARCH 8th, 1944.

THE DRIVE

DEPENDS ON YOU!

Everyone who contributes to the current National Campaign for funds of the Canadian Red Cross can rest assured that it is more than worthwhile. The stories being told by repatriated men of the Forces returning from the "twilight existence" in enemy held territory testify to that. The rations doled out by the detaining power are meagre, and without the weekly inflow of supplies through the Red Cross, men behind barbed wire would soon weaken and become unbelievably miserable.

Again and again, the repatriated tell of Russian prisoners denied the life-saving stream of food parcels who died like flies, from malnutrition and lack of proper attention.

Sports equipment and books, forwarded by the Red Cross, have made the difference between monotony and a livable existence for prisoners of war, British and Allied prisoners who also come under the benefit of Canadian Red Cross parcels have warm praise for their worth.

The "proof of the pudding" is found in this unvarying mass of praise voiced by all repatriates. The activities of the Canadian Red Cross Society—the generous contributions of loyal Canadians throughout the Dominion, and the energy and care that has gone into the packing and sending of shipments of supplies, has proven its worth.

Many lives have been saved. Many more lives will be saved. From the beginning of wartime campaigns for funds, Canadians have made plain the fact that they feel that the Canadian Red Cross does take good care of our men Overseas, our men in prison camps—our "Brothers" who have been bombed and made destitute through enemy action.

This year—with the war reaching its decisive phase—Canadians are being asked to give a little more. The need is greater. Canadian Red Cross is depending on YOU!

Their Work

Is Almost

Miraculous!

From the beginning of this global war, the Canadian Red Cross has, through the support of its loyal volunteers, shouldered the responsibility of caring for the wounded and needy; bringing comforts and supplies to the Armed Forces; seeing to it that dried blood serum is available on all battlefronts, and turning out clothing and surgical supplies in astronomical quantities.

Now, with the most critical phase of war looming up, there is a call upon the energies and resources of Canadian Red Cross workers, unique in all history. It is not only for the crisis at hand, that vast preparations must be made, but for the aftermath.

For Canadian Red Cross services contrary to some erroneous belief, will NOT ease down after the battle is won—the Armistice signed. In reality the drain upon resources will be expanded many times over.

This is not like the last Great War, when some of the countries in Europe went unscathed. Europe is devastated—ravaged—stripped of its possessions as by a swarm of locusts. The peoples of Europe are homeless. Their possessions are what they can carry in their pockets—or a pitiful little bundle. They have nothing!

Not one item of supply turned out by Canadian Red Cross workrooms goes to waste. Every smallest strip of material available goes toward the making of clothing and hospital supplies, and all the manifold necessities of just everyday living.

The Canadian Red Cross is asking for Ten Million dollars. This money will be dispensed with scrupulous care. It will be made to go a very long way. When you give give for now—and what comes after. Canadian Red Cross needs your help. Be Generous!

FAMILY

TABLE

TALK

In the present national drive for the eradication of venereal disease, there has been frequent emphasis on the responsibility of parents to instruct and guide young people and inculcate in them good moral attitudes.

The importance of the home, where character is moulded, where attitudes are taught and where acceptable standards are developed, is fundamental to any effort to reduce delinquency and prevent its physical results.

Character training and development of good social standards is not so much a matter for special lectures as exposing a child in day-to-day living to good example and expression of the parents' conception of sound values.

Much of the "teaching can" and should be done indirectly, little by little, and for this one of the best opportunities is offered by the family gathering at the dinner table, where the conversation provides a democratic forum, for the exchange of ideas.

Table conversation serves as an evaluating conference, especially on the needs, experiences and interests of the family members. It fosters an agreement on beliefs, and clarifies the application of beliefs. The inculcation of viewpoint comes more out of the informal chatter than out of formal admonition.

Almost everyone will have been present at staged conversations—at which mother, for instance, relates what she heard about the dangerous practice of some children who ride on the back of bakers wagons. Then there are the conversations between the parents, with the children as the audience, in which the father, perhaps, expresses his disapproval of the conduct

of unnamed persons.

Subtle, indirect teaching of children, by the exposure method, from day to day, will do more to develop a sound appreciation of values and standards of conduct than lecturing—which children do not enjoy any more than do adults. But parents should remember that children learn just as readily the attitudes and habits of parents when the latter are not conscious of them.

The father who unthinkingly condones loose conduct or an ordinarily unacceptable social attitude may quickly undo the teaching of years. It is in their day-to-day living with their children that parents have the greatest responsibility.



**A WEEKLY EDITOR
 LOOKS AT
 Ottawa**

Written specially
 for the weekly newspaper of Canada

They must have been expecting excitement or something around the tag end of the Throne Speech because the galleries circling the House have been filled continuously. It looked to me as if the big majority of ringers were from out of town. Attendees have had to stop people more than usual from leaning their elbows on the gallery rail, which apparently is against traditional regulations. It also shows that folks there were not leaning back and snoozing. Parliament has really been steaming up for the start of the session and it looks as if it's going to be one of accomplishment. The Prime Minister seems to be pleased that it's "business before pleasure" because in one statement he urged members to broadcast to the nation that Parliament is really "doing something" instead of belittling its efforts in the eyes of the people.

Seen around the Capital: Centre of interest in the fine new Post Office here is the new-fangled Mail-O-Mat, a machine which saves you from headaches at the wicket trying to figure out how many twos and threes you want. All you do is stick the required amount for stamps in a slot in something which has all the ear marks of a gum-vending machine, turn a gadget and away goes your letter mailed and everything. It's the first of its kind in Canada, although manufactured in Stamford, Connecticut. The Post Office Department is trying it out on the public here and it may be some day we'll have one in every P.O. so the postmaster will be able to go hunting and curling when he wants to. After I tried it once I wanted to write everyone in the country a letter just so I could mail it in the Mail-O-Mat.

Anyone who feels inclined to do a little harmonized grousing on reasons for rationing and controlled distribution will be surely interested in the figures I got from the Consumer Branch of the War-time Prices and Trade Board in connection with parcels sent to our prisoners-of-war in enemy countries. The Red Cross western packing centre has, for instance, already despatched its millionth parcel to Canadian boys in Germany and Japan. Do you ever wonder what goes into one of these parcels? Well, they've already sent out a million pounds of butter, a million pounds of jam, half a million cans of salmon and half a million pounds of sugar. Besides this, thousands of pounds of tea and coffee, biscuits, and other rationed goods. All parcels, they tell me, have included chocolate bars, raisins, tinned meats, soap. This all tells Canadian at-homes that there is a reason for some shortages and rationed distribution.

With the accent now on pulverizing Germany's industrial centres by overpowering air raids, it is greatly responsible for putting the punch into the big attack. And it was put over in Canada, which is something we should be proud of. You know, the first class had 160 pupils in it, and today we have about 154 schools alone, twice as originally planned. Ten thousand training planes flew an average of two million miles daily, got an expanded force of 50,000 air crew graduates, enough to man 15,000 combat planes, as well as training 80,000 in ground crew trades. We've trained Canucks, Aussies, New Zealanders, British, Belgians, Czechs, Netherlands, but more than 60% were our own lads. The first plan had its finishing point at March 31st, 1943, and in the ag-

reement Canada was to pay 600 million dollars of the 900 million total cost. But a new agreement had to extend the plan to March, 1945, with Canada paying half the estimated cost of a billion and a half, and the United Kingdom standing the other half.

If you ever come to Ottawa to see Parliament and all the big stuff in action, make it a point to be in the main corridor of the building just a few minutes before 3 p.m. to watch the Speaker's parade. It's one of the few wartime restricted manifestations of traditional ceremony still to be seen. On the dot, slowly up the corridor come three the House of Commons chamber. You'll have to uncover, to watch, or else.

List Of Sales

Geo. Reynolds, auct.
 License No. 22-43-44.

Friday March 10th—Noon
 S. MERRICK, 5 miles north and 1 mile west of Wainwright—Livestock, machinery and household goods.

Tuesday March 14th—1 o'clock:
 C.G. MOORE, 6 miles north and 3 miles west of Edgerton—Horses, cattle, machinery and household furnishings.

Wednesday March 22nd—1 o'clock:
 A.L. REEL, 2 miles east and 2 miles south of Saltcoats, 17 miles south of Claymore—Livestock, car, household goods and machinery.

EATON'S The Store for Young Canada

WE ARE PROUD of our youthful outlook, so Young Canada is one of our liveliest concerns.

For years we have studied young folk—making definite plans for their care. We know how young ideas are created—how they change—how they grow. You can see that fresh, eager knowledge reflected in the things we have to sell—in the newest comforts for babies—in our capable school togs—in the practical comfort of our work and play clothes.

Mother knows, too, that shopping by mail from EATON'S big colorful Catalogue is easy because it can be done right at home, and the name "EATON'S" assures her of getting best value for her money, and the widest choice that the market affords and the government regulations allow.

SHOP FROM EATON'S CATALOGUE
 "The Store for Young Canada"

T. EATON & CO.
 LIMITED

USE GOOD SEED

Producers for their protection should check the germination of home-grown seed.

For FREE GERMINATION TESTS leave your grain samples with your

**ALBERTA PACIFIC
 AGENT**

FARM FOR SALE

S.E. 1/4 16-45-5W.4; N.E. 16-45-5-W.4; and S.E. 31-44-5-W.4, containing 480 acres more or less.

TENDERS marked S.C. 40948 addressed to the "Clerk of the Court, Court House, Calgary" will be received up to twelve o'clock noon on Saturday the 18th day of March 1944, for the purchase of the above property.

Envelopes to be marked "Tenders".
 Location: 3 miles from Green-shields, 3 miles from school.
 Soil: medium clay loam on clay subsoil.
 Improvements: 140 acres under cultivation, three-wires fencing, well.

TERMS: 5% of tender in cash or certified cheque to the Clerk with tender; 20% on acceptance of tender, balance in three equal payments in one, two and three years, interest 6% per annum or all cash at option of purchaser.
 Offer on other terms to be considered. Subject to the approval of the Court.

Sale subject to taxes from 1st, January 1944.
 No tenders necessarily accepted. All tenders subject to the approval of the Court.

In the event of non-acceptance of offer the amount tendered will be returned. In all other respects standing conditions of sale to apply.

For further particulars apply to H. D. Mann, K. C. 612 Grain Exchange Building, Calgary, Alberta.

DATED at Calgary, Alberta, this 7th day of February, 1944.
 Approved

"J. H. CHARMAN"
 Acting Clerk of the Court

"W. A. MACDONALD"
 J. S. C.
 (Seal)

**Hasten their
 VICTORIOUS
 HOMECOMING**

**Buy
 WAR STAMPS
 25c**

**IT'S A
 GOOD
 IDEA**

When you travel, it's a good idea to carry funds that are safe and readily negotiable wherever you are. Your TREASURY BRANCHES can provide you with Travelers' Cheques at low, nominal cost. TREASURY BRANCHES also invite you to use their facilities for transferring money by mail or telegraph to any point in Canada. For EVERY service you need, it's a good idea to use your TREASURY BRANCH.

**YOUR
 TREASURY BRANCH**

H. A. KOCH, Manager
 WAINWRIGHT

Help Win the War—Buy War Savings Certificates

SEEDTIME Will Soon Be Here!

Are You Sure of Your SEED?



Although the War Effort has greatly depleted our personnel we are still able to offer the service of free Germination Tests.
 Please assist us by sending in your samples early.

NATIONAL GRAIN COMPANY LTD.



War-time THRIFTY Borrowing



For example...

TO PAY TAXES PROMPTLY

War-time taxes are necessarily so heavy as to be a financial problem for every Canadian. It is advisable to save money to pay taxes promptly, but if through unforeseen circumstances you find yourself without sufficient cash to meet them when due, a bank loan is probably the best solution to your problem. A loan may actually save money for you by enabling you to avoid penalties for overdue taxes.

Our policy in making personal loans is to help Canadian wage-and-salary-earners, professional men and women and business executives to keep financially fit. We therefore make such loans—at very low rates and on easy terms of payment. Do not hesitate to talk over your needs in confidence with the manager of our branch in your own locality.

The cost is low, and the terms are fair

Only \$3.65 for a \$100 loan repayable in 12 monthly instalments; smaller and larger loans at proportionate cost.

Ask for our folder "Do You Need Money?"

BANK OF MONTREAL

FOUNDED IN 1817

A Million Depositors Enjoy Our Banking Service

Wainwright Branch: L. W. SMITH, Manager
 Edgerton Branch: J. F. GILMOUR, Manager
 Chauvin (Sub-Agency): Open Tuesday and Friday
 Irma (Sub-Agency): Open Tuesday and Friday

Assist the War Effort...
 Serve by Saving and Buying
War Savings Certificates
 (Consult our Agent on your Grain Marketing Problems)

**PIONEER GRAIN COMPANY
 LIMITED**

FRESH FRUIT and GROCERIES

GOOD MEALS GOOD ROOMS

CLEAN BEDS

Meals at All Hours

THE EMPRESS CAFE

Quan Hall

Proprietor

CORNER OF FIRST AVE. & MAIN ST.

PROFESSIONAL

DR. H. ROSS

(D.D.S.)

DENTAL SURGEON

Hours: 10 a.m. — 6 p.m.
 Schumacher Bldg. — Wainwright

Adeline Rebekah Lodge
 No. 54, I.O.O.F.

Meets every 1st and 3rd Thursday
 evenings at Odd Fellows' Hall at
 8:00 p.m.

Visiting Members Always Welcome

MRS. M. FORREST, N.G.
 Mrs. W. HUNTINGFORD
 Recording Secretary
 MRS. M. CARSELL, F.S.

LEGAL

J. A. MacKENZIE, K.C.
 BARRISTER, SOLICITOR &
 NOTARY PUBLIC

Main Street — Wainwright

M. G. CARDELL

BARRISTER — SOLICITOR
 Notary Public, Commissioner

Billings Block — Main Street

BURTON DENTAL LABORATORY

10123 — 101st Street

EDMONTON — — — ALBERTA

Upstairs — next to Innes Optical
 Opposite Army and Navy

PHONE 23235 — Office Hours 9 — 6

Finest Accommodation In Northern Alberta

FULLY MODERN FULLY FIREPROOF
FIRST-CLASS CAFE IN CONNECTION

OPEN ALL HOURS SAMPLE ROOMS
REASONABLE RATES

A Real Home from Home for the
Travelling Public

Wainwright Hotel Co. Ltd.
GUY PIGEON, Mgr.

There's A War On

In order that you may comply with the order of the government that all possible use be made of present cars and trucks (they are making no more just yet), let us

Re-Condition

yours so you may be assured of reliable transportation for the "Duration."

BATTERIES & ACCESSORIES
BATTERY CHARGING

Bolduc's Garage

DISTRICT DISTRIBUTORS FOR

Dodge and DeSoto Cars

Main Street

Phone 7

Farm Notes

Quality in Poultry Products

Top quality eggs and poultry meat always bring highest prices, and it is comparatively easy to produce these high quality products if a well ordered and efficient programme of operation is followed.

Some of the more important points in the management of the poultry flock were outlined recently by H. B. McDaniels of the Poultry Branch, Alberta Department of Agriculture. These included: comfortable housing, good sanitation, ventilation to ensure ample fresh air, prevention of extremes in temperature, freedom from parasites such as lice and mites, and the feeding of a balanced ration.

For egg production a good laying mash should be before the birds at all times and sufficient scratch grain fed night and morning to maintain body weight. These feeds may be supplemented with bright green alfalfa hay, and some extra fish oil which will supply additional vitamins and minerals to ensure the flock being kept in the best conditions for profitable production over an extended period. Where milk is available, either skim-milk or butter-milk, it should be fed freely since it provides protein, minerals and vitamins which are particularly valuable at this time owing to the shortage of commercial proteins.

Do not overcrowd in the laying house. Overcrowding lowers production and increases mortality. Allow three and one half feet floor space for Leghorns and four feet for the heavy breeds.

Endeavour to maintain production at around 50 to 60 per cent. At this level the flock is not being forced and can carry on for a longer period with lower mortality than where the production is higher.

The breeding flock is handled in the same way as the production flock except that it is fed a breeder's mash. This mash can be supplemented with milk, alfalfa and oil. Care of the product is often overlooked and in many cases loss in grade is experienced. Eggs should be gathered often, cooled as quickly as possible, and held in a room free from foreign odours such as vegetables or oil. The temperature of this room should be around 50 or 55 degrees. Holding too long will cause loss in grade, so market at least once a week or twice if possible.

The outlook for poultry products for 1944 is good. Poultry producers

World of Wheat

H. G. L. Strange,
Director, Research Department,
Searle Grain Company, Ltd.

The Lack Of An Inch Means Millions To Prairie Farmers

This is a tribute to an outstanding Canadian farmer - Dr. Seager Wheeler of Rosthern, Saskatchewan.

As a boy, young Wheeler was refused by the British Navy because he was one inch too short. He emigrated to Canada, homesteaded, and became a seed grower.

Dr. Seager Wheeler won the World's Championship for Wheat five times. He is the producer of the best strain of registered Marquis, the famous 10B. He is also the original discoverer of Red Bobs Wheat, which today occupies 38% of the entire wheat acreage of Alberta, and which variety, because of its early maturity, hence its ability to escape early frosts, has brought untold millions of extra dollars to prairie farmers. It is no doubt correct to say that for his years of hard work in selecting and re-selecting Red Bobs, Dr. Wheeler has not made one penny of profit, but he has received something far more precious than money - an honorary Doctor's degree from Queen's University, the high respect, esteem and acclaim of his fellow farmers, and a membership in the Order of the British Empire, a high honour recently conferred upon him by the King.

Had Dr. Wheeler as a boy been an inch taller, he might today be an Admiral, but the lack of that inch turned him into a farmer, much to Canada's profit.

Items Of Interest In The World Of Foodstuffs

It is reported that insects and heavy rains during harvesting caused considerable damage to Argentina's wheat crop - Indian wheat acreage is less than last year and observers predict low yields unless weather conditions improve - It is feared that any severe changes in temperature might result in serious damage to Europe's winter crops, due to the advanced growth and lack of protection.

It has been announced that the bread ration in liberated Italy will be increased owing to substantial imports of foodstuffs from the United Nations - Canadian flour production in 1943 totalled 24,474,696 barrels, exceeding all previous records - Condition of winter crops in the United Kingdom is reported satisfactory.

are in a better position than they have been for years. Their products are in demand and prices are such as to render a profit, providing efficiency and economy in feeding and management is followed.

Cowboy Soldier

Chapter Ten

We're here at last.

This morning in the first light of early dawn our transport put into the port of Grenoch on the Clyde and now we're really in the British Isles and getting closer every day to the battle-front we've been itching for so long.

From Canada to here is one trip I'll never forget for plenty of reasons.

After lots of waiting around at Debert we finally got the word to move and it was sure a happy day with us fellows.

It was all hustle as we bade Canada goodbye and soon were aboard ship.

At first things seemed alright with the ocean as still as a slough on a quiet afternoon but brother it changed when we got out a piece and I was one of the first to be really sick.

After all the tossing I've gone through on the hurricane deck of a bronc I didn't figure I'd worry about a ship tossing around a little bit but I really did, and we were on our way a couple of days before I finally got straightened away.

After it was all over the only thing I was thankful for was that months ago I hadn't joined the Navy, because I would have made a mighty poor sailor.

We were in a large convoy going across and although I'm not much with words I figure I can give a pretty good picture of us as we hit across the Atlantic.

You know, that convoy reminds me of a herd of cattle being hazed to the home corral. Lots of the ships remind me of the steers and heifers moseying right along while

some of the freighters with their slower speed are just like the fat old cows. And the corvettes and other escort vessels are just like the cow-hands riding herd on their charges.

Contrary to any reports being broadcast by the talkative chaps working for Hitler, the subs on the Atlantic run can't be cutting much of a stir.

Take us, for instance. All the way across we don't have a "U" boat scare and the only planes that flew overhead carry our circle brand and not that tough-looking Swastika of the Germans.

Well, when we get here we pull in at night and its darker than pitch, and what with these really proper blackouts over here it is daylight before we see anything at all. Then, we're so busy getting unloaded we don't catch much but a few glimpses of the busy port before we're on the docks.

Right off we're loaded aboard a train and you should hear the boys' remarks. The train is nothing like our passenger trains at all and it has little coaches with about a about it is that with all those doors you can get a lot of folks aboard mighty quick.

In no time at all we're on our way and even though the train might look little and the whistle it has sounds more like that on a toy train it hustles right along.

We stop off at a place called Carlyle where we have a hot lunch then we're on our way again. Fin-North Camp in Farnboro and from there we go to Cove just outside of Aldershot which is going to be home for a while.

Right now all the boys are talking of getting landing leave and heading out to see the country. For me it will be Edinburgh because quite a spell back my folks came from there.



Makes Bread that's rich, delicious, light-textured, tasty, more digestible! ALWAYS FULL STRENGTH, ALWAYS DEPENDABLE

The District NEWSPAPER and Your PRINTING

YOU EXPECT your community newspaper to take the lead in advocating district betterment.

YOU EXPECT your newspaper to boost for good roads, good schools, and to support district celebrations and associations.

YOU EXPECT your district newspaper to support welfare and charity drives.

YOU EXPECT your newspaper to help bring people to this district and thus increase purchasing power by added numbers.

BECAUSE of these services, we believe it to be both fair and just to request that all printing used in this district be done within the district.

WE OFFER a printing service that is both high-grade and reasonable in price. Therefore by spending your money here, it does double duty - supports district welfare and cuts expense.

Wainwright Star

HERE'S YOUR CHOICE READING AT NEW LOW PRICES



This Newspaper 1 Yr., And Any Magazine Listed

Both for Price Shown
All Magazines Are for
One Year

- ☐ Maclean's (24 issues)\$3.25
- ☐ Canadian Home Journal..... 3.00
- ☐ Chatelaine 3.00
- ☐ National Home Monthly..... 3.00
- ☐ Family Herald & Weekly Star 3.00
- ☐ New World (Illustrated)..... 3.00
- ☐ Free Press Prairie Farmer 3.00
- ☐ Western Producer 3.00
- ☐ The Country Guide (2 years) 3.00
- ☐ Canada Poultryman 3.25
- ☐ True Story 3.25
- ☐ American Home 3.25
- ☐ Sports Afield 3.50
- ☐ Outdoors 3.50
- ☐ Magazine Digest 4.00
- ☐ Red Book 4.50
- ☐ Open Road for Boys 3.40
- ☐ American Girl 3.40
- ☐ Parent's Magazine 3.60
- ☐ Christian Herald 3.60
- ☐ Popular Mechanics 4.60
- ☐ Popular Science 3.40
- ☐ Etude (Music) 4.25
- ☐ Science Digest 4.60
- ☐ Child Life 4.00
- ☐ Better Cooking & Homemaking 4.25
- ☐ The Woman 3.60
- ☐ Outdoor Life 3.75

Due to existing conditions subscribers should allow eight weeks before expecting first copies of magazines.

Offers Fully Guaranteed

Through special arrangements with the magazine publishers we offer the finest farm and fiction magazines—in combination with our newspaper—at prices that simply cannot be duplicated elsewhere! Look over this long list of favorites and make YOUR selection today!

This Newspaper, 1 Year, and Your Choice Three Famous Magazines

For both newspaper
and magazines \$3.75

- ☐ Maclean's (24 issues) 1 yr. ☐ Free Press Prairie Farmer 1 yr.
- ☐ Canadian Home Journal 1 yr. ☐ Western Producer 1 yr.
- ☐ Chatelaine 1 yr. ☐ The Country Guide, 2 yrs.
- ☐ National Home Monthly 1 yr. ☐ Canada Poultryman 1 yr.
- ☐ Family Herald & Weekly Star 1 yr. ☐ Canadian Silver Fox & Fur 1 yr.
- ☐ New World (Illustrated) 1 yr. ☐ American Fruit Grower 1 yr.

This Newspaper, 1 Year, and Your Choice Three Famous Magazines

For both newspaper
and magazines \$4.00

- GROUP "A"—SELECT ONE ☐ American Home 1 yr. ☐ Maclean's (24 issues) 1 yr.
- ☐ True Story 1 yr. ☐ Canadian Home Journal 1 yr.
- ☐ Magazine Digest 6 mos. ☐ Chatelaine 1 yr.
- ☐ Photoplay—Movie Mirror 1 yr. ☐ National Home Monthly 1 yr.
- ☐ Christian Herald 9 mos. ☐ Family Herald & Weekly Star 1 yr.
- ☐ American Girl 1 yr. ☐ New World (Illustrated) 1 yr.
- ☐ Sports Afield 1 yr. ☐ Free Press Prairie Farmer 1 yr.
- ☐ Parent's Magazine 9 mos. ☐ Western Producer 1 yr.
- ☐ Outdoors 1 yr. ☐ The Country Guide, 2 yrs.
- ☐ Open Road for Boys, 1 yr. ☐ Canada Poultryman 1 yr.
- ☐ Flower Grower 1 yr. ☐ Canadian Silver Fox & Fur 1 yr.
- ☐ American Fruit Grower 1 yr.

Check magazines desired and enclose with coupon.

COUPON - FILL OUT MAIL TODAY

Gentlemen: I enclose \$_____, I have marked the offer desired with a year's subscription to your paper.

NAME _____

POST OFFICE _____

STREET OR R.R. _____ PROV. _____

Men, 30, 40, 50!

Want Normal Pep, Vim, Vigor?

Try Oxytoc Tonic Tablets. Contains tonics, stimulants, iron, vitamin B1, calcium, phosphorus, aids to normal pep, vim, vigor. Really after 30, 40, or 50. Introductory size only 35c. If not delighted with results of first package, make refund for price. At all drug stores. Start taking Oxytoc Tonic Tablets today.



YOUR BREAD IS AMAZING
MY YEAST IS AMAZING!



PURE, DEPENDABLE
ROYAL ENSURES
RICH-TASTING,
EVEN-TEXTURED,
SWEET, DELICIOUS
BREAD

Hints for the Household

Whether it's a crowd of young people demanding a midnight spread, or just the family hungry after an evening spent in war work, they're sure to greet your suggestion of waffles and coffee with enthusiasm.

It's easy to keep the makings for this impromptu meal on hand. You can serve bacon, syrup or honey with the waffles and you can be generous with second and third cups without worrying over sleeping problems if you serve decaffeinated coffee. Remember that it needs slightly longer "perking" to bring out its rich coffee flavor. And always for best results, all coffee equipment must be absolutely clean, proportions of coffee and water must be measured exactly and brewing must be timed to the second.

When you serve waffles for a crowd, have several waffle irons going if possible. If you use double-acting baking powder you can make up your batter a few hours ahead of time, and it will be all ready to bake. Guests really enjoy making their own and serving them to each other, all crisp and golden-brown.

Midnight Cafe Au Lait
Use 1½ heaping tablespoons ground decaffeinated coffee, regular grind, to each cup (½ pint) water. If percolated, "perk" 15 to 20 minutes slowly and gently, or longer than ordinary coffee. Have ready a pot of hot milk. When serving, pour milk and coffee together into cup in equal amounts.

Waffles
2 cups sifted cake flour
2 teaspoons double-acting baking powder
½ teaspoon salt
3 egg yolks, well beaten
1 cup milk
4 tablespoons melted butter
3 egg whites, stiffly beaten
Sift flour once; measure, add baking powder and salt and sift again. Combine egg yolks, milk, and butter; add to flour, beating until smooth. Beat egg whites until they will hold up in moist peaks. Stir quickly but thoroughly into batter. Bake in hot waffle iron. Makes four 4-section waffles.

A Culinary Invasion
Two reasons why the younger set as well as Dad, established a "beach-head" beside the refrigerator.
In case you are searching for a novel dessert to serve at a Washington's Birthday party for the kiddies, the Vanilla Rennet-Custard may easily be converted to your needs. Just

Vanilla Rennet-Custard
1 package vanilla rennet powder
1 pint milk, not canned
Red cherry halves
Set out 4 or 5 individual dessert glasses. Warm milk slowly, stirring constantly. Test a drop on inside of wrist frequently. When COMFORTABLY WARM, (110°F.) not hot, remove at once from heat. Stir contents of package rennet powder into milk briskly until dissolved—not over one minute. Pour at once, while still liquid, into individual dessert glasses. Do not move until firm—about 10 minutes. Chill in refrigerator.
For a topping, place a few halves of red cherries on each dessert.

Mint Ice Cream
(Automatic Refrigerator)
1 rennet tablet
1 tsp. cold water
2 cups light cream
Few drops green food color
1 cup crushed "after dinner mints"
Dissolve rennet tablet by crushing in cold water. Add after dinner mints and green food color to cream. Warm slowly, stirring constantly. Test a drop on inside of wrist frequently. When COMFORTABLY WARM (110°F.) not hot, remove at once from heat. Add dissolved rennet tablet and stir quickly for a few seconds only. Pour at once, while still liquid, into refrigerator tray. Let stand at room temperature until set—about 10 minutes. Freeze until firm. Remove from tray to a bowl, break up with a fork, beat with an electric or rotary beater until free from hard lumps but still a thick mush. Finish freezing.

Quick-Frozen Vegetables Make Savory Hurry-Up Cream Soups
A savory cream of vegetable soup is a particularly easy hurry-up treat if you take advantage of quick-frozen vegetables. Even if you are doubling as chief cook and war worker and must plan dinners in half-hour schedules. You'll find that a basic cream soup made with golden sweet corn, green peas, spinach, lima beans or any other quick-frozen vegetable which your grocer has in stock will qualify as an extra special delicacy. They are all work-free because the chores of cleaning and sorting are disposed of right near the harvest fields when Arctic cold seals in farm fresh flavor and a full quota of vitamins. There's no waste in quick-frozen vegetables, for a 12-ounce package of quick-frozen peas is the equivalent of two pounds of unshelled

Cream of Vegetable Soup
Cook 1 box quick-frozen vegetable according to directions on box, but cook until soft, or for 3 to 4 minutes longer than the maximum time specified on box. Drain vegetable, reserving liquor; add rich milk to make 3½ cups. Force vegetable through sieve. Sauté 1 teaspoon minced onion in 2 tablespoons butter in top of double boiler about 2 minutes; add 2 tablespoons flour, stirring until smooth. Add milk and vegetable liquor gradually, stirring constantly. Cover and cook over boiling water about 8 minutes, or until thickened, stirring occasionally. Add vegetable puree and heat. Season with salt and pepper. Serves 4 to 6. For thinner soup, add more milk.

Corn and Tomato Chowder
2 tablespoons chopped onion
1 tablespoon chopped green pepper
¼ cup chopped celery
2 tablespoons fat
2 cups canned or stewed tomatoes
1 box quick-frozen golden sweet corn
¼ teaspoon soda
1½ teaspoon salt
¾ teaspoon pepper
1 teaspoon sugar
3 cups milk, scalded
Sauté onion, green pepper, and celery in fat until golden-brown. Add tomatoes and frozen corn, and cook 5 minutes; then add soda, salt, pepper, and sugar. Add to hot milk and serve at once. Makes 6 servings.

Lemonade Torte
4 eggs, separated
1½ cups sugar
1½ cups finely rolled corn flakes
½ cup finely ground nuts
1½ teaspoons baking powder
¼ teaspoon cinnamon
¼ teaspoon salt
1 teaspoon grated lemon peel
Beat egg yolks and add sugar gradually. Combine rolled corn flakes, ground nuts, baking powder, cinnamon, salt and grated lemon peel, and stir the combined mixture into the beated egg and sugar. Fold in the stiffly beaten egg whites and bake in oiled 9-inch square pan in a slow oven (300°F.) about 1 hour, or until golden brown and baked thoroughly. Cool for 5 or 10 minutes, remove to plate and pour over torte the following:

Hot Lemonade
4 tablespoons lemon juice
1½ tablespoons sugar
Boiling water
Measure lemon juice and sugar into cup and fill to the 1 cup mark with boiling water. Pour over torte immediately. This is an excellent dessert either hot or cold. Serves 8.

Help Win the War—Buy War Savings Certificates

Beauty for YOU

The Secrets of Good Looks by Barbara Lynn

Top To Toe Fragrance

Personal daintiness is one of the most important assets of any woman and there is no excuse for carelessness. In this season of hot, stuffy homes and gay lulling dances, be sure to keep fresh and fragrant.

To guard against unpleasant breath, use a mouth wash frequently. A simple and effective mouth wash can be made at home by adding a few drops of myrrh to half a glass of water. Clean your teeth regularly. Incidentally, you'll find dental floss most helpful.

Is your hair clean and shining? It's simple enough if you give it a little attention. Halo shampoo will keep it clean and glossy. Don't neglect to brush your hair vigorously and often. Massage the scalp occasionally with bay rum, too.

Perspiration is a constant worry even in winter, or should I say especially in winter? You can prevent perspiration odor. Wash frequently with gentle palmolive soap, the soap that is a beauty treatment of its own.

If you have any difficulty in keeping your feet cool and dainty, rub them with vinegar; then spray them with talcum powder.

I hardly need to remind you to watch your underthings, especially, in fact all your clothes. Hang them on a hanger immediately you take them off.

My Beauty Care booklet is full of interesting, helpful beauty hints. Send five one-cent stamps for your copy, and ask about your personal worries. Address: Miss Barbara Lynn Box 75, Station B, Montreal Quebec, in confidence, of course.

HEALTH

A HEALTHY SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

New Values For Old

A startling and challenging piece of information has been drawn to our attention by the Department of Nutrition Services at Ottawa. In surveying and computing nutrition values on the food available for civilian consumption in Canada last year it was found that potatoes are the source of 35% of the Vitamin C that is available to Canadians in the present market. Moreover, one average potato contains enough Vitamin C to supply 1/3 of our daily requirement. Do you see the tremendous significance of these statements? Vitamin C is essential to our health and it is particularly difficult to obtain the amounts that we need in

Wintertime. Yet the humble potato is willing to come to our rescue, if we will only take the trouble necessary to avail ourselves of the value that is there. This means that we must cook our potatoes properly.

A mild deficiency of Vitamin C results in defective teeth and bone formation, tender joints, headaches, low resistance to infection, digestive disturbances and general weakness and restlessness. This same Vitamin C is destroyed by overcooking, especially in rapid boiling water in an open kettle.

Potatoes contain enough Vitamin C to supply one-third to one-half of our daily requirement - if we do not boil it away in preparing those potatoes for the table. Boiled pared potatoes have become a staple daily dish in vast numbers of Canadian homes; with the result that Canadians are deriving great benefit from the energy giving value of the potato, but are losing the Vitamin values which could so easily be included. The solution is simple enough:

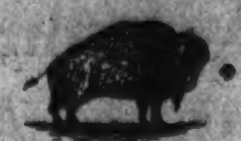
1. Bake your potatoes, or
2. Steam your potatoes, or
3. Boil potatoes in their jackets with a cover on the pot.

Baked potatoes are the most nutritious form in which you can eat them. Very little of the value of the potato is lost if it is baked. Why not make use of your furnace and have heating the oven. Scrub the potatoes thoroughly, grease the skins with a bit of dripping so they will be tender enough to eat, and put them on the wide ledge inside your furnace door, and they will bake in about one hour. Be sure your family eats the skin so they get the benefit of all the minerals that lie close to it.

Steamed potatoes are preferable to boiled ones because this elusive Vitamin C, though easily destroyed by cooking in water, is not as quickly destroyed by cooking in steam. If you have no steamer, suspend a colander over a pot of boiling water, put the potatoes in it and put a cover on. Done in this way they will take about fifteen minutes longer to cook but will have a very fine flavor.

If you must boil your potatoes, do so with the skins on! Don't peel them first. Scrub them well instead and boil them in a covered kettle. Their nutritive value will be much higher.

Will following these measures mean a drastic change in your kitchen routine, and in family habits of long standing? Well consider the benefit it will be to the family health the foolishness of throwing away half of the values for which you have spent your money, the wisdom of exchanging a good habit for a bad one - then take the plunge! Begin educating your family now!



Refreshments Light Lunches Soft Drinks Ice Cream Meals at all Hours

We are here to serve you, and your full satisfaction is our highest aim.

JIMMY DER
Manager

**EAT AT THE
BUFFALO CAFE**

Jimmy Der Phone 33.

The World's News Seen Through
THE CHRISTIAN SCIENCE MONITOR
An International Daily Newspaper

Is Truthful—Constructive—Unbiased—Free from Sensationalism—Editorials Are Timely and Instructive and Its Daily Features, Together with the Weekly Magazine Section, Make the Monitor an Ideal Newspaper for the Home.

The Christian Science Publishing Society
One, Norway Street, Boston, Massachusetts
Price \$12.00 Yearly, or \$1.00 a Month.
Saturday Issue, including Magazine Section, \$2.50 a Year.
Introductory Offer, 6 Saturday Issues 25 Cents.

Name _____
Address _____

SAMPLE COPY ON REQUEST

THE BEST SPECIAL EVERY WEEK!

WAR STAMPS 25¢

An Open Door Policy— which says You're Welcome to what we've got



There has always been a stock of lumber at the Beaver yards... not always a complete stock... not always a select stock... but always some stock — and always the best available at the time.

To supply customers in the local community who really needed lumber for essential work, especially for the production of food, Beaver had to go out and get it — even to the extent of financing new timber and milling operations.

We want our customers to know the difficulties under which we have been laboring to provide them with lumber — and we want to express our appreciation of their co-operation in accepting the trying situation and making what lumber we were able to supply, do the job.

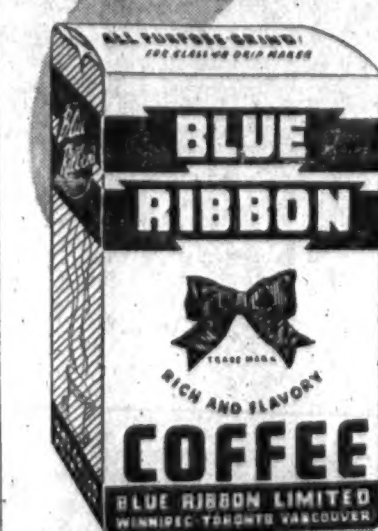


In this spirit you are invited to visit your nearest Beaver yard to discuss your building program and requirements. You will be assured of the best advice and materials available.

BEAVER (ALBERTA) LUMBER LIMITED

COFFEE?

Buy the Bag with the Blue Ribbon on it!



Exchange your BLUE RIBBON COUPONS FOR WAR SAVINGS STAMPS

BLUE RIBBON COFFEE—A Quality Product Moderately Priced

"I owe my life to the RED CROSS"



SUCH is the grateful testimony of countless fighting men who kept their "rendezvous with Death" and live to tell the tale. Every Red Cross triumph over death, wounds, disease and human agony is that in which you may take pride. Because it is YOUR Red Cross. Thus it is you who help those in pain and peril.

Now as the dreadful carnage of war increases—as more famine-stricken countries are made accessible to your Red Cross, the need grows at terrific pace. So much money is needed to maintain a steady flow of parcels for prisoners of war, of blood serum, medical supplies and dressings, surgical instruments, hospitals and hospital equipment, food and clothing, to name but a few of the demands on your Red Cross. Raise your sights—give MORE—your Red Cross needs your mercy dollars NOW!

PHONES 77 — 86
WAINWRIGHT

CANADIAN + RED CROSS
The Need Grows as Victory Nears

Give Yourself A Treat
TAKE YOUR SUNDAY EVENING
DINNER WITH US.

Wainwright Hotel Cafe

New and Up-to-Date Meals at All Hours
Popular Prices

Get the Habit, and Eat with us; Table and
Counter Service

J. LASKY, prop.

WE SOLICIT THE TRADE OF OUR FARMER FRIENDS
SATISFACTION GUARANTEED

Help Win the War—Buy War Savings Certificates

YOUR MONEY MAKES THE WORK OF THE RED CROSS POSSIBLE

In Prison Camps—in Enemy Hospitals—in the dark hours of loneliness or suffering, the victims of war voice this cry—"Thank God for the Red Cross." On every front, the merciful operations of the Red Cross are at work. Millions of parcels have been safely sent to prisoners of war. YOUR money makes this possible. The need is great...and GROWING. You have never failed them...you will not fail them now.

SPACE DONATED BY THE
BREWING INDUSTRY OF ALBERTA

BE PREPARED

for whatever may betide next Spring. Whatever

REPAIRS

you may need, or replacements you may wish to make in any of your Farm Machinery, do not delay in getting your order in. See to this at once!

For Real Repair Service See

GUY TORY

COCKSHUTT PLOW CO. ALLIS CHALMERS RUMLEY CO.
HART PARR AND MINNEAPOLIS-MOLINE TRACTORS
WAINWRIGHT PHONE 5 ALBERTA

Give Generously to The Red Cross



E. Schumacker
SERVICE MEAT MARKET
PHONE 63 — WE DELIVER

EDGERTON

Mrs. E. Bullymore was the winner of the War Savings Certificate this week, No. 13 being the lucky number.

The junior hockey boys came from Wainwright on Monday to play the Edgerton team, the score being 5-3 in favor of the home boys.

On Saturday the Edgerton team motored to Wainwright for a return game, but this time they were not quite so successful as we understand they lost by one point.

The dance held in Pawsey's hall by the junior hockey boys was well patronized in spite of the weather.

George Hallett has now taken over the draying business in the village and is living in the Wigley house close to town.

George Sawyer had the misfortune to hurt his finger whilst working on some metal and had to go to Dr. Wallace to have a piece of metal removed.

Congratulations to Mr. G.C. Welsh who we hear has been promoted to 1st Lieut. of the Edgerton Cadets.

Billy Hallett was home on short leave this week.

Worthy Darling, who has been spending a well earned holiday with his parents, after having been two and a half years in the Old Country, leaves for Edmonton this week to report for duties on the 10th.

Canvassers for the Red Cross Drive have been appointed as follows:-

Sunnyvale U.F.W.A. Mrs. J. Redmond, Browning, Mrs. H. Rice, Rosemoyn, Mrs. R. Pawsey, McCafferty, Mrs. E. Trotter, Bloomington, Miss Windum, Pelican, Mrs. P. Bell, and Mrs. P.N. Lacey, Hope Valley, Mrs. Shadbolt, Aspen, Mrs. E. Challenger.

We have been unable to get anyone to canvass in the Roseville District, but donations will be gladly received by the Rev. A. A. Court or Rev. R. Clegg or may be left at the Telephone Central.

Mr. and Mrs. B. Crane were visitors to the city last week. Mr. Crane attended the short course in co-operative activities, which was held at the University of Alberta through the week.

HEATH

Mrs. Bob Herbert has returned from a visit to Edmonton and is staying with Mr. and Mrs. Morton Herbert.

Mr. and Mrs. Mudry and family have left for the Camrose district where they will make their home.

Mrs. Leo Mosnier was a visitor to Edmonton during last week.

Miss G. Haugh was guest of honor at a birthday tea at the home of Mrs. W. J. Bartlett on Wednesday afternoon.

A temporary section foreman has been stationed at Heath, during the absence of the regular foreman, who is away for medical treatment.

Mr. and Mrs. Bob Jones are spending a few days in Edmonton this week.

Several Red Cross activities have been planned for the next two weeks to swell the funds for the Red Cross drive.

GREENSHIELDS

The March meeting of the war service league was held in the hall on Wednesday evening with a nice crowd in attendance. The winners of a new and novel form of wheel proved to be Mrs. T. Rattray and Mr. Art Almost while Mrs. H. Merrick and Patsy White received the consolation.

New members were enrolled and plans for assistance in the Red Cross drive were discussed.

Communications were received from boys overseas expressing appreciation for parcels and smokes received and on motion it was decided to send cigarettes more often to the boys overseas.

A most enjoyable lunch was served by hostesses Mrs. W.C. Jackson and Mrs. Rufus Carl.

Mrs. Kosak and Andy where week end visitors at the Rabbits.

Edmonton visitors this week included Mrs. J. Rabby, Mr. Rock Charter and Mr. A. Hutchinson.

Contributions for the Red Cross may be left at the Store and receipts and stickers will be issued.

GERALD

Mr. A. Hamilton left on Friday for Calgary, after receiving word of the death of his sister, Mrs. L. Berger.

Congratulations to Mr. D. Rattray, Sr. who was elected councillor for this division.

Mr. and Mrs. D. Rattray, accompanied by Mr. D. Rattray, Jr., Mr. L. Myggland, and Mr. R. Campbell left on Monday morning for Edmonton.

The Farm Forum met on Monday evening at the home of Mr. and Mrs. R. Deyell. The subject of the broadcast was "The United Nations Food Conference." Lunch was served by Mrs. Deyell.

AUBURNDALE

Mr. William Irving, C.C.F. candidate for Caribou riding, B.C. addressed a meeting in the Autumn Leaf schoolhouse last Saturday afternoon. Mr. Hardy Wear being Chairman. Mr. Irving was accompanied by Mr. J.T. McDuffie, president of the Vermilion Constituency Association of the C.C.F.

A C.C.F. local was formed for this district, practically all the people who attended the meeting becoming members. Mr. Hardy Wear was elected president of the local, and Mr. Roland Arthur, secretary.

Mrs. Dave Bury (nee Velda Arthur) and baby daughter are visiting at the home of her parents, Mr. and Mrs. Alex Arthur for a holiday.

Mr. Camil Caron is busy helping his brother Ernest complete his house in Wainwright this week.

WHITE CLOUD

Miss Lorna Reid is now helping Mrs. A. E. Kett, in Greenshields district.

Miss Currie now rides to school from H. Tondus.

The Babb youngsters are all over the measles and back in school.

The Vegas family seem to be next in line for measles as Frankie and Billy have them.

FOR SUPERIOR BAKING RESULTS

Leading Cooking Experts recommend it



Costs less than 1¢ per average baking

SAVE YOUR SCRAP RUBBER

ROYAL GEORGE HOTEL CAFE

NEWLY APPOINTED

NEWLY DECORATED

BANQUET ACCOMMODATION

Sam Saulman

Manager. 101st St. Edmonton, Alta.

BURNS & Co. Ltd. SHIP

HOGS

EVERY WEDNESDAY

For Best Results

Ship the Burns Way

Phone — — — 103



CANADIAN RED CROSS

WAINWRIGHT AND DISTRICT RED CROSS SOCIETY

Mrs. O. R. Hannah President
Mrs. L. Baxter Vice-Pres.
Mrs. W. E. Washburn Secretary

Don't Ask for Disappointments

When you want to make trips with your car: Have it put into shape now, for it will have to last for the duration

See that your lights and brakes comply with the law; otherwise it can prove expensive.

We are looking for our tire stock shortly; let us know your needs

Buffalo Service Station

A. RATTRAY

GENERAL MOTORS CARS AND TRUCKS

Second Avenue Phone 25 Wainwright

Travel By Bus

Here's how you can help with our Nation's Transportation problem:

1. Travel on Tuesdays and Thursdays — instead of on crowded week-ends.
2. Avoid traveling on holidays, or during rush seasons.
3. If you are sometimes inconvenienced, smile it off as a contribution to winning the war.
4. Consult your Agent or Driver for travel information.

Sunburst Motor Coaches Ltd.

COMFORT ECONOMY

BANKING IS ADAPTABLE

...it changes constantly to meet this country's changing needs

FOR INSTANCE...

Ever wonder where your ration coupons go? The answer is that your grocer takes your sugar, butter and other coupons to his bank, which acts as the government's agent in identifying and accounting for millions of spent coupons. This vast bookkeeping job—known as "Ration Coupon Banking"—is just one of the new, additional assignments which the banks have assumed as part of their wartime service.

Another is the payment, on behalf of the government, of certain subsidies arising out of wartime price control. Still another is the handling of exchange transactions as agents of the Foreign Exchange Control Board.

At the same time the banks have arranged facilities to serve military establishments and new war-industry centres alike.

Through loans to industry and agriculture, they have helped to increase the supply of raw materials, weapons and food.

They have acted as issuing agents for approximately \$5,700,000,000 worth of Victory Bonds and War Savings Certificates, as well as lending direct financial aid to the government through short term loans.

...All this in the face of widespread staff changes resulting from enlistments of 8,360 trained bank employees.

The war emergency has proved the readiness and ability of Canada's banks to adapt their services to new conditions. It has proved, once again, the strength of your banking system, which is providing a firm base of financial service for the greatest economic effort in the nation's history, and will with equal resourcefulness meet the challenge of the years ahead.

THE CHARTERED BANKS OF CANADA

LOOK
Tumbler and Effervescent Fruit Saline
(English Type)
Both for 43c.

Wainwright Pharmacy

Phone 44

Wainwright

Tractor Owners!

We have in stock oil filters cartridges for all makes of tractors including fuel cartridges for caterpillars.

Any repairs you may need for your Case machinery should be ordered NOW!

BOND MOTORS

Phone 116

Res. Phone 118

Agent for J. I. Case Machinery

HAVE YOUR 1944 STATIONERY
AND BUSINESS FORMS
PRINTED AT THE
WAINWRIGHT STAR
PRODUCERS OF QUALITY PRINTING

Spring Cleaning

Now is the time to plan your Spring Cleaning and minor repairs.

WE HAVE A FULL LINE OF

Wall Papers, Paints,

Varnishes, Kalsomines

Enamels, Brushes, etc.

Let us tell you just what it will cost to carry out your Spring ideas!

ATLAS LUMBER CO. LTD.

PHONES: 57-58

HONEY HOMES

C. STAFFORD, Mgr

Paint up That Wagon for Spring

STEPHENS

Truck and Wagon Paint

RED BLACK GREEN

New Stock of Enamel Ware
Call and pick out what you need

WASHBURN'S

IF IT'S HARDWARE "C" WASHBURN

NEWS & VIEWS OF TOWN AND DISTRICT

BORN—To Mr. and Mrs. W. Cowley of Wainwright, at the Wainwright municipal hospital on February 29th, a boy.

BORN—To Mr. and Mrs. A. H. Darling of Anurndale, at the Wainwright municipal hospital on March 1st, a boy.

BORN—To Sgt. and Mrs. Nelson Berghum (nee Polly Davignon) of Wainwright, at the Wainwright municipal hospital on March 3rd, a boy.

WO. Len Willis who has recently returned from overseas spent the week end with Mrs. J.W. Stuart before continuing west to his home.

Mr. W. J. Huntingford is away to Calgary this week in attendance at the annual Grand Lodge sessions of the I.O.O.F. being held there.

Mrs. M.E. Peterson was in Winnipeg on a buying trip during the past week and Mrs. M. Telford was in charge of the business during her absence.

Mr. and Mrs. Arthur Sharp left on Monday for Nanton to visit with their son and daughter-in-law Mr. and Mrs. Ray Sharp who are managing the Minto Ranch there.

Mr. and Mrs. Muddle motored to the city last week on business, they were accompanied by Tommy Sheridan and Chris Peacock.

Mr. Glen Pearson arrived in town last week to fill the position recently occupied by Mr. Jack Egbert with the B.A. Oil Co. Jack is being transferred to the city.

CLASSIFIED ADS.

FOR SALE
Two quiet milk cows for sale, to freshen in April. Priced at \$60 and \$70. Good milkers. Apply - C. Christensen, Edgerton. 22-3

WANTED
Room; or board and room by single young man, wanted in comfortable home as soon as possible. Apply B.A. Oil Office, phone 92. 22-3

FOR SALE
1929 Chev. Sedan for sale; in good shape all round; good rubber; reasonable price. See Bob Leggett, Town. 22-3

FOR SALE
Creamery Building at Wainwright for sale. For price and particulars write to Burns' Creamery, 10619, 103rd Avenue, Edmonton. 8-3

FOR SALE
Three-yard Mechanical-Lift Steel Gravel Box for truck for sale. Apply P.O. Box 42, Wainwright. 15-3

FOR SALE
Pure-bred Yorkshire Boar for sale; 2 yrs old; also pure bred Berkshire Boar, 1½ yrs old; both good proven sires. Cecil Hicox, phone 617, Wainwright. 15-3

FOR SALE
Registered Yorkshire Sows for sale bred to farrow April 1st; price .14 per lb., with papers and breed er's cert. Also 5 mos. Boar; \$22 with papers. C. Christensen, Edgerton. 15-3

FOR SALE
White Baby Culler for sale; also Grey Baby Carriage with hood and storm cover. Apply Mrs. L. Stolt, phone 107, Town. (8-3)

FOR SALE
Banner Seed Oats for Sale 3rd Generation, 96 germination. Gov. tested. — W. Scherbinski phone 616 Wainwright. (8-3)



930
On Your Dial

"LAST NIGHT IN THE ROSE ROOM"

10:45 a.m.

Monday Thru' Friday

Miss Doris Johnson left on Sunday morning's flier for the city for a week on business.

After a holiday spent in Calgary and Edmonton Dr. and Mrs. H. C. Wallace arrived home at the week end.

Mr. Fred Hill of Irma will represent the local lodge of Oddfellows at the annual Grand Lodge sessions in Calgary this week.

Mr. P.T. Haywood left on Wednesday for Edmonton and plans to spend a week visiting with his daughter Mrs. Don Fitzgerald at Entwistle.

Mr. C.W. Armstrong of Edmonton is in charge at the Treasury Branch during the absence of Mr. H.A. Koch who is away on sick leave.

Mr. Carl Stafford is away this week to Holden where he is checking over the business at the Atlas yards there.

According to word received from M.D. No. 13 two more members of our district have donned the khaki in the persons of Mr. Leonard A. Berg and Mr. Fred Johnson both of Wainwright.

Cpl. F. Miller, R.C.M.P. spent a few days in Edmonton on business last week.

After several weeks stay with her daughter Mrs. A. Mills at Evansburg Mrs. Geo. Reynolds returned home last week.

Mrs. Geo. Arkwright, C. Wilbraham and R. Buckton are the delegates chosen to represent the local W.A. at the Anglican W.A. Convention being held in Edmonton March 7th and 8th.

The Adeline Rebekah Lodge are sponsoring a Military Whist Drive in the I.O.O.F. hall on March 21st, and a pleasant evening is promised all those who attend.

THERE'S NO OTHER
TOBACCO JUST LIKE

OLD CHUM

CUT COARSE
FOR THE PIPE
CUT FINE
FOR ROLLING YOUR OWN

FOR SALE

Section of land close to Wainwright for sale or rent. Nearly all under cultivation with fair buildings.

For further particulars apply National Trust Co. Ltd., Edmonton, Alta. 15-3

Mrs. Geo. Clark spent a few days in the city last week visiting with her daughter Veima there.

Roy Reynolds who is attending University in Edmonton spent the week end at home.

Mr. C.G. McKee, Regional Superintendent of Rationing was in town last week for a brief visit with the Local Ration Board.

Mrs. W.J. Huntingford and Miss Elsie Haywood are attending the annual sessions of the Rebekah Assembly I.O.O.F. being held in Calgary this week. Miss Haywood is the official representative from the local lodge.

Mrs. E. L. Gaudet (nee Helen Mc Beth) left for Vancouver Friday morning to join her husband who is now stationed on the west coast.

Mr. C. Osofort of Edmonton who is a well-known railroad man of that district will preach the sermon at St. Andrew's (Pres.) church this Sunday.

Miss Inez Harden is spending a few days holiday with her parents in town from her nursing duties at the University hospital in Edmonton.

Mrs. J. P. Carroll spent a few days in the city this week visiting with her daughter there.

The staff of the Star wish to apologize for the delay in publishing this issue, due to the absence of our editor and the illness of his son, Gordon who has been confined to the house with a severe attack of the flu.

BUY WAR BONDS & STAMPS

COMING EVENTS

The members of Adeline Rebekah Lodge will hold a Military Whist Drive in the Masonic Hall on Tuesday March 21st, at 8:30 sharp. Admission 35.

Part of proceeds to be donated to the Prisoner of War Fund of the Red Cross. 15-3

Be sure and come to the big St. Patrick's Day dance to be held on Friday March 17th, in the Separate School Auditorium. Good Music. Admission .50 15-3

TAXI

WHEN YOUR CAR IS LAID UP FOR THE DURATION & WANT TO GO SOME PLACE IN A HURRY GIVE US A RING. WE WILL GLADLY GIVE YOU RATES AT ANY TIME BY PHONE.

Wainwright Taxi Co. Ltd.

For service phone B. I. Bond, at 116 or 118

GROCERY SPECIALS

FOR MARCH 9th TO 14th

Mackerel .35

Beaver, tin .45

Coffee .45

Blue Ribbon, lb. .45

Flour 2.95

Royal Household, sack .55

Floor Wax .55

Old English, tin .25

Cornstarch .25

Durban, 2 pkts. .75

Jam .40

Raspberry, 4 lb. tin .40

Lemons .40

Good Size, doz. .40

Wheat Granules .35

Ogilvie's, 7 lb. bag .35

Syrup 1.19

Rogers & coupons 10 lb. .55

Rinso .55

Giant Size, pkt. .30

Pancake Flour .30

Rice .25

Round Grain, 2 lbs. .25

Sweet Potatoes .35

No. 1, 2 lbs. .35

Apples 4.00

Newtons Fancy, box .40

FORRYAN'S GROCERY

IF YOU GET IT AT FORRYAN'S ITS GOOD

FOR SERVICE

PHONE 18

HOTEL YORK
CALGARY
CENTRE ST. at 7th Ave.
ALSO OPERATING
HOTEL ST. REGIS
RATES FROM \$1.50 — WEEKLY AND MONTHLY RATES

Low Rates FROM \$2.50
Excellent COFFEE SHOP

**Mens and Young Mens
Finely Tailored
New Spring Suits**
NOW IN STOCK

Models for men and young men. Tailored by Fashion Craft and Title Brand Clothing Co. Fine Wool Worsted in neat striped Brown and Blue shades. Expertly Tailored and well finished in every detail. Sizes 35 to 46 in stock. priced -

24.95 29.50 to 36.00

Call and see our values today

**The Red Cross Needs
YOUR Support**

A. C. ARMSTRONG
PHONE 16 WAINWRIGHT

THE DOORWAY TO HOSPITALITY

- Rates that are considerate of your pocketbook.
- Large airy guest rooms, comfortably furnished.
- Grand food in the Café at reasonable prices.

The kind of hotel you like

ROYAL GEORGE HOTEL
RESERVED PARKING LOT FOR GUESTS AT REAR OF HOTEL.

101st. St. Edmonton

ELITE DOINGS

Thurs., Fri., Sat., March 9-10-11

Betty Grable and George Montgomery
How Terrific They Are Together, in

"CONEY ISLAND"

Technicolor - Musical Comedy - Special
THOUGHT FOR FOOD - Canada Carries On Series
UNIVERSAL WEEKLY NEWS - Current Events Of The World.

Mon., Tues., Wed., March 13-14-15

Constance Bennett - Brad Crawford,
A High Budget Outdoor Special

"SIN TOWN"

Plenty of Action in this Old Town Classic.
RAINBOW RHYTHM - Two Reel Musical
HUNGRY INDIA - True Adventures

Watch For Dates - SWEET ROSY O'GRADY - in Technicolor.

THE NEED GROWS
AS VICTORY NEARS
\$10,000,000 needed NOW!

CANADIAN RED CROSS

PATTERSON'S

DEPARTMENTAL STORE

SERVES YOU BEST